

cardboard so the mix isn't too wet!

Finally, do you have any tips to give people about composting?

No tips yet, get back to us in another 6 months or so and we'll see how it's going then. At the moment it's very straightforward and we enjoy doing it - so if you're not already composting, give it a try.



If, like Paul and Jo you took advantage of last years amazing compost bin offer that Recycle for Cornwall supported, it won't be long until you will be able to get some compost back into your garden/hanging baskets and treat your plants! The national home composting campaign in association with Recycle for Cornwall are recruiting people who home compost to be case studies. So if you would like to have your home composting stories heard please [get in touch](#) with us.

We are delighted to advise you that an updated offer will also run throughout 2006 so there is still time for those of you who have not yet got the composting bug to get involved.

Find out [how to order bins](#) on our website.

[Download an accessories leaflet](#) for kitchen caddies and other accessories to make composting even more convenient.

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FREE Family Fun Days at Cornwall's Recycling Centres

As an avid recycler you may already know about what happens to your recycling once it has been collected but if you have friends or children who need convincing of the importance of recycling why not come along to our [fun days](#) to find out more and take part in our fun activities all the family.



Tuesday 21st February 9am-3 pm - Cornwall Paper Company, Wilson Way, Pool

Friday 24th February 9am-3 pm - East Cornwall Recycling Centre, Launceston Road, Bodmin

(Call 0800 612 0456 for directions)

Activities will be run throughout the day including:

- . Recycled craft activities for kids
- . Guided tours of the recycling facility
- . Recycling quizzes with funky recycled prizes



Plus plenty of information, interactive displays and loads of fun!

Booking is not essential and we look forward to seeing as many people as possible. However if you are able to let us know if you are planning to come that would be great! Call us on free phone 0800 612 0456 or [email Helen](#) our Education Officer.

Children attending these events must be accompanied by an adult but adults without children are very welcome to come along.

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How to be a better recycler

From all of the emails we receive from ReStyle subscribers we know you are all pretty clued up when it comes to recycling and we know many of you would like to be able to recycle more. But why not take a look over our tips below and see if you can take any steps to becoming an even better recycler for Cornwall, you may even make things easier for yourself!



- **Plastic bottles only!**
Plastic bottle tops, margarine tubs and other plastic packaging can't be recycled with your plastic bottles. These have to be removed by hand and so slows down the recycling process.
- **Wash and Squash!**
Squashing your plastic bottles helps to reduce the amount of space these items take up in the recycling lorries. Not to mention saving you space at home!
- **Junk Mail?**
All envelopes can be recycled even those with plastic windows (which are removed during the recycling process). Brown envelopes should be recycled with your cardboard.
- **Any old aluminium**
Remember that as well as aluminium drinks cans you can include aluminium foil from pie cases, food coverings, take away trays and so on - they can all be recycled! If you are not sure how these are collected just check on your district page from the map on the [Recycle for Cornwall website](#). Aluminium has a value worth 6-20 times that of any other used packaging material so is incredibly valuable to the Cornwall recycling process.
- **Leave the labels**
It isn't necessary to remove labels from bottles or tins as these are removed as part of the recycling process.
- **Full bags please!**
Try to only put full recycling bags, if you don't fill a recycling bag in 2 weeks why not save it for next time? This will help to save resources and therefore reduce the cost of recycling. Residents in Caradon and North Cornwall who use additional bags for glass bottles and jars should also ensure these are tied up to ensure the contents do not escape.



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Don't forget your yellow pages too!

Local schools are set to cash in on a competition to recycle as many old Yellow Pages directories as they can. The [Yellow Woods Challenge](#) sees schools that collect the most directories per pupil win hundreds of pounds in cash prizes and for every pound awarded, Yellow Pages will give a matching pound to the [Woodland Trust](#), the UK's leading woodland conservation charity.

School children are also invited to create giant sculptures out of their old directories for the chance to win cash prizes of up to £1,000. Last year Cornish schools collected a fantastic 25,157 directories (that's 55 tonnes!).



If you don't know of a school participating in the challenge, old editions of the yellow pages can be taken to the [green mixed paper recycling banks](#) across the county. Check your district pages on the [Recycle for Cornwall website](#) to see if you can leave your old directory out with your fortnightly kerbside collection.



Top tip

Show how much you care this Valentines day

Add a touch of class to your compost bin by remembering to compost your red roses and if you are sending them try to opt for the least packaged option you can find. Take a look on the [Recycle for Cornwall website for beautiful E Cards](#) which won't cost the earth.



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It's a Fact

To lessen the impact that their drinks packaging has on the environment, [Innocent Drinks](#) have taken a few different measures over the last few years that some other producers should maybe take a look at! In 2002 they reduced the amount of plastic used in bottles by 10% (any less, and the bottles would lose their shape and go all floppy). Even better, in May 2003 they started using recycled plastic in their bottles, and each and every bottle now contains 25% recycled plastic. At the moment, 25% is the maximum the technology will allow, but they continue to work towards their ultimate goal - a 100% recycled bottle.



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We hope you have enjoyed this update on Recycle for Cornwall we would be interested to know if you have any feedback or ideas for next month's newsletter. If so please email info@recycleforcornwall.org.uk

Until then Goodbye from the whole team at Recycle for Cornwall.

<http://www.recycleforcornwall.org.uk/>



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